

# 25. Spreewald Triathlon

## Briesensee - 21. Juni 2014

### Ergebnisliste - Kleiner Spreewaldmann/-frau - 1,5km-44km-10km

Platz	Plm	Plw	StNr	Name, Vorname	Verein	AK	AKm	AKw	Endzeit	Schwimmzeit	Radzeit	Schw+Rad	Laufzeit	Rückst.	Bem
1	1		423	Hackmann, Martin	LTC Berlin	TM45	1		2:10:27	0:22:41( 5 )	1:11:50( 3 )	1:34:31( 2 )	0:35:56( 1 )	0:00:00	
2	2		310	Buhl, Marc	BSV Friesen 1895	TM35	1		2:14:34	0:26:24( 34 )	1:09:25( 1 )	1:35:49( 4 )	0:38:45( 5 )	0:04:07	
3	3		334	Köhler, Lars	Tri Finisher Berlin	TM45	2		2:16:05	0:22:25( 3 )	1:12:45( 6 )	1:35:10( 3 )	0:40:55( 10 )	0:05:38	
4	4		352	Remuss, Dirk	Tri-Finisher Berlin	TM50	1		2:16:56	0:24:40( 15 )	1:09:42( 2 )	1:34:22( 1 )	0:42:34( 17 )	0:06:29	
5	5		312	Fischer, Gert	SG Adelsberg	TM45	3		2:17:26	0:20:28( 1 )	1:15:24( 14 )	1:35:52( 5 )	0:41:34( 13 )	0:06:59	
6	6		127	Richter, Daniel	TLV Rangsdorf	TM40	1		2:18:25	0:29:03( 73 )	1:12:03( 5 )	1:41:06( 13 )	0:37:19( 2 )	0:07:58	
7	7		488	Braun, Reiner	SCC Berlin Duathlon	TM45	4		2:19:28	0:28:59( 68 )	1:11:58( 4 )	1:40:57( 12 )	0:38:31( 4 )	0:09:01	
8	8		339	Lehnert, Thomas	Tri Team Berlin	TM45	5		2:20:38	0:26:21( 33 )	1:14:14( 10 )	1:40:35( 10 )	0:40:03( 7 )	0:10:11	
9	9		368	Thieme, Marco	TuS Neukölln Berlin	TM45	6		2:22:11	0:26:29( 37 )	1:13:54( 9 )	1:40:23( 9 )	0:41:48( 14 )	0:11:44	
10	10		490	Witke, Thomas	Dresden	TM45	7		2:22:53	0:24:52( 17 )	1:16:01( 17 )	1:40:53( 11 )	0:42:00( 15 )	0:12:26	
11	11		322	Günther, Johannes	TSVE 1890 Bielefeld	TM45	8		2:23:17	0:23:16( 8 )	1:12:56( 7 )	1:36:12( 6 )	0:47:05( 54 )	0:12:50	
12	12		385	Bellmann, Christian		TM35	2		2:24:13	0:25:34( 27 )	1:14:20( 11 )	1:39:54( 8 )	0:44:19( 31 )	0:13:46	
13	13		415	Hoffmann, Ralf	Müggelheim	TM40	2		2:25:08	0:26:01( 31 )	1:15:54( 16 )	1:41:55( 15 )	0:43:13( 19 )	0:14:41	
14	14		304	Baumann, Matthias	Tri-Finisher Berlin	TM30	1		2:25:13	0:25:15( 21 )	1:16:43( 20 )	1:41:58( 16 )	0:43:15( 20 )	0:14:46	
15	15		335	Köhler, Bernd	Tri-Finisher Berlin	TM45	9		2:25:28	0:27:02( 41 )	1:14:35( 12 )	1:41:37( 14 )	0:43:51( 26 )	0:15:01	
16	16		338	Lehmann, Ingmar	NOTUS	TM40	3		2:27:02	0:21:54( 2 )	1:21:00( 39 )	1:42:54( 19 )	0:44:08( 29 )	0:16:35	
17	17		377	Yildirim, Selcuk	Weltraumjogger Berlin	TM50	2		2:27:19	0:27:18( 47 )	1:15:27( 15 )	1:42:45( 18 )	0:44:34( 33 )	0:16:52	
18	1		307	Bettge, Sonja	Sisu Berlin	wJun		1	2:27:49	0:22:40( 4 )	1:19:45( 33 )	1:42:25( 17 )	0:45:24( 38 )	0:17:22	
19	18		328	Jordan, René	TV Dresden	TM35	3		2:28:15	0:29:31( 87 )	1:18:37( 23 )	1:48:08( 33 )	0:40:07( 8 )	0:17:48	
20	19		343	Müller, Felix	Tri Team Berlin	TM25	1		2:29:25	0:23:39( 9 )	1:19:44( 32 )	1:43:23( 20 )	0:46:02( 45 )	0:18:58+2mi	
21	20		454	Rosenburg, Tino	Havelberg Triathlon	TM40	4		2:29:30	0:23:07( 7 )	1:20:39( 35 )	1:43:46( 22 )	0:45:44( 39 )	0:19:03	
22	21		332	Klauck, Stefan	TLV Rangsdorf	TM25	2		2:30:11	0:29:14( 82 )	1:21:36( 42 )	1:50:50( 49 )	0:39:21( 6 )	0:19:44	
23	22		155	Neubert, Michael	TSV Cottbus	TM55	1		2:30:25	0:29:11( 80 )	1:18:51( 25 )	1:48:02( 32 )	0:42:23( 16 )	0:19:58	
24	2		306	Bellmann, Susann	Tri Team Berlin	TW35		1	2:30:58	0:25:29( 25 )	1:21:36( 42 )	1:47:05( 29 )	0:43:53( 27 )	0:20:31	
25	23		349	Popke, Jörg	DLRG Luckenwalde	TM55	2		2:31:12	0:24:06( 10 )	1:19:36( 29 )	1:43:42( 21 )	0:47:30( 59 )	0:20:45	
26	24		484	Weidemann, Thomas	TSV 62 Prenzlau	TM40	5		2:31:18	0:27:11( 44 )	1:19:47( 34 )	1:46:58( 28 )	0:44:20( 32 )	0:20:51	
27	25		473	Stenz, Toralf	leipzig	TM40	6		2:31:59	0:29:09( 78 )	1:19:34( 28 )	1:48:43( 37 )	0:43:16( 21 )	0:21:32	
28	26		317	Glatz, Hartmuth	Triathlon Team Prignitz	TM50	3		2:32:24	0:25:23( 22 )	1:18:56( 26 )	1:44:19( 23 )	0:48:05( 65 )	0:21:57	
29	27		403	Fricke, Lars	The Flying Dragon	TM40	7		2:32:43	0:27:21( 49 )	1:20:39( 35 )	1:48:00( 31 )	0:44:43( 34 )	0:22:16	
30	3		325	Hinze, Nicole	Tri Team Berlin	TW30		1	2:32:58	0:25:28( 24 )	1:21:19( 41 )	1:46:47( 27 )	0:46:11( 47 )	0:22:31	
31	28		453	Repke, Tim	S1	TM25	3		2:33:14	0:35:00(140)	1:14:44( 13 )	1:49:44( 40 )	0:43:30( 22 )	0:22:47	
32	29		411	Henke, Dennis	Rudolstadt	TM40	8		2:33:31	0:32:05(113)	1:16:14( 18 )	1:48:19( 34 )	0:45:12( 37 )	0:23:04	
33	30		476	Trauboth, Knut	BSV AOK Leipzig	TM40	9		2:33:36	0:29:08( 76 )	1:23:39( 56 )	1:52:47( 57 )	0:40:49( 9 )	0:23:09	
34	31		347	Plontke, Ronny	Team FangtDasGnu	TM35	4		2:33:43	0:28:16( 56 )	1:18:07( 21 )	1:46:23( 26 )	0:47:20( 57 )	0:23:16	
35	32		428	Kruse, Felix	BSV Friesen 1895	TM40	10		2:33:49	0:24:55( 18 )	1:19:43( 31 )	1:44:38( 24 )	0:49:11( 79 )	0:23:22	
36	33		323	Hein, Benjamin	Sisu Berlin	TM35	5		2:33:58	0:23:05( 6 )	1:27:19( 84 )	1:50:24( 43 )	0:43:34( 24 )	0:23:31	
37	34		457	Runge, Matthias	Templin	TM30	2		2:34:37	0:28:24( 58 )	1:16:32( 19 )	1:44:56( 25 )	0:49:41( 82 )	0:24:10	
38	4		345	Pfaffinger, Sabine	TuS Neukölln Berlin	TW40		1	2:35:14	0:24:40( 15 )	1:25:49( 68 )	1:50:29( 45 )	0:44:45( 35 )	0:24:47	
39	35		393	Brendel, Rico	SV Stahl Hennigsdorf	TM40	11		2:35:49	0:31:10(102)	1:21:07( 40 )	1:52:17( 55 )	0:43:32( 23 )	0:25:22	
40	36		448	Perlhofer, Michael	Cruz Azul Leipzig	TM40	12		2:36:15	0:30:51( 99 )	1:19:38( 30 )	1:50:29( 45 )	0:45:46( 40 )	0:25:48	
41	37		337	Kurowski, Thomas	Tri Finisher Berlin	TM50	4		2:36:45	0:28:26( 59 )	1:19:24( 27 )	1:47:50( 30 )	0:48:55( 76 )	0:26:18	
42	5		315	Forero, Narda	TSVE 1890 Bielefeld	TW45		1	2:37:35	0:24:32( 12 )	1:26:06( 73 )	1:50:38( 48 )	0:46:57( 53 )	0:27:08	
43	38		340	Matthes, Christian	TLV Rangsdorf	TM35	6		2:37:47	0:33:12(124)	1:23:09( 54 )	1:56:21( 76 )	0:41:26( 12 )	0:27:20	
44	39		430	Kuba, Thomas	Team-LDS	TM35	7		2:38:11	0:31:13(103)	1:20:41( 37 )	1:51:54( 54 )	0:46:17( 48 )	0:27:44	
45	40		374	Werner, Mirko	DLRG Luckenwalde	TM45	10		2:38:16	0:26:53( 39 )	1:22:30( 48 )	1:49:23( 38 )	0:48:53( 73 )	0:27:49	
46	41		359	Schneider, Detlef	Berliner TSC	TM50	5		2:38:27	0:27:11( 44 )	1:23:01( 53 )	1:50:12( 42 )	0:48:15( 67 )	0:28:00	
47	6		365	Täge, Ilona	TuS Neukölln Berlin	TW40		2	2:39:10	0:28:35( 61 )	1:24:31( 64 )	1:53:06( 59 )	0:46:04( 46 )	0:28:43	
47	42		451	Ramoth, Martin	Kolkwitz	TM25	4		2:39:10	0:26:47( 38 )	1:24:57( 66 )	1:51:44( 53 )	0:47:26( 58 )	0:28:43	
49	7		378	Zimmermann, Carina	DLRG Luckenwalde	TW45		2	2:39:19	0:26:26( 36 )	1:23:59( 59 )	1:50:25( 44 )	0:48:54( 75 )	0:28:52	
50	43		417	Hoppenz, Torsten	Forst	TM45	11		2:39:22	0:26:57( 40 )	1:22:27( 47 )	1:49:24( 39 )	0:49:58( 84 )	0:28:55	
51	44		400	Eppelsheimer, Sven	A3K Berlin	TM35	8		2:39:31	0:30:25( 96 )	1:31:04(115)	2:01:29(103)	0:38:02( 3 )	0:29:04	
52	45		34	Heinrich, Bernd	Kirchengemeinde Lipten	TM45	12		2:39:38	0:34:50(137)	1:18:48( 24 )	1:53:38( 60 )	0:46:00( 43 )	0:29:11	
53	46		471	Stegemann, Bert	Dauerbrenner Berlin	TM45	13		2:39:53	0:31:27(109)	1:23:35( 55 )	1:55:02( 65 )	0:44:51( 36 )	0:29:26	
54	47		320	Grube, Maurice	Hardtseemafia Triathlon	TM25	5		2:40:26	0:28:33( 60 )	1:29:07( 96 )	1:57:40( 85 )	0:42:46( 18 )	0:29:59	
55	48		138	Lu, Hanjo	Tri Team Berlin	TM30	3		2:40:46	0:30:05( 91 )	1:22:58( 52 )	1:53:03( 58 )	0:47:43( 62 )	0:30:19	
56	49		372	Weber, Peter	Sisu Berlin	TM40	13		2:40:48	0:29:53( 90 )	1:20:41( 37 )	1:50:34( 47 )	0:50:14( 88 )	0:30:21	
57	50		460	Schmieder, Frank	Wutzelbrothers	TM40	14		2:41:08	0:28:19( 57 )	1:21:42( 44 )	1:50:01( 41 )	0:51:07( 97 )	0:30:41	

# 25. Spreewald Triathlon

## Briesensee - 21. Juni 2014

### Ergebnisliste - Kleiner Spreewaldmann/-frau - 1,5km-44km-10km

Platz	Plm	Plw	StNr	Name, Vorname	Verein	AK	AKm	AKw	Endzeit	Schwimmzeit	Radzeit	Schw+Rad	Laufzeit	Rückst.	Bem
58	51		472	Stein, Ronald	LC-Michendorf	TM45	14		2:41:12	0:31:05(100)	1:25:56( 71 )	1:57:01( 80 )	0:44:11( 30 )	0:30:45	
59	52		401	Fechner, Andreas	BSV Friesen 1895	TM50	6		2:41:13	0:25:35( 28 )	1:22:56( 51 )	1:48:31( 36 )	0:52:42(105)	0:30:46	
60	53		375	Winkler, Uwe	TSVE 1890 Bielefeld	TM45	15		2:41:19	0:28:54( 65 )	1:22:09( 46 )	1:51:03( 50 )	0:50:16( 89 )	0:30:52	
61	8		443	Miethke, Ricarda	BSV Friesen 1895	TW25		1	2:42:04	0:24:08( 11 )	1:27:15( 81 )	1:51:23( 51 )	0:50:41( 90 )	0:31:37	
62	54		429	Kruse, Dirk	Springende Frösche	TM45	16		2:42:31	0:26:18( 32 )	1:22:02( 45 )	1:48:20( 35 )	0:54:11(112)	0:32:04	
63	55		302	Apel, Karsten	Luckauer Läufer Bund	TM50	7		2:42:34	0:32:30(116)	1:22:31( 49 )	1:55:01( 64 )	0:47:33( 60 )	0:32:07	
64	56		327	Bachmann, Martin	Tri Finisher Berlin	TM55	3		2:42:54	0:29:01( 71 )	1:27:32( 85 )	1:56:33( 78 )	0:46:21( 49 )	0:32:27	
65	57		303	Bagehorn, Ralph	Tri-Finisher Berlin	TM50	8		2:42:55	0:31:28(110)	1:22:49( 50 )	1:54:17( 61 )	0:48:38( 70 )	0:32:28	
66	58		311	Deutschmann, Frank	Sisu Berlin	TM60	1		2:43:15	0:29:16( 83 )	1:30:17(108)	1:59:33( 94 )	0:43:42( 25 )	0:32:48	
67	59		346	Picha, Pascal	A3K Berlin	TM30	4		2:43:41	0:31:41(111)	1:24:13( 61 )	1:55:54( 74 )	0:47:47( 64 )	0:33:14	
68	60		412	Henning, Guido	Bamberg	TM45	17		2:44:02	0:33:54(130)	1:24:17( 62 )	1:58:11( 87 )	0:45:51( 42 )	0:33:35	
69	9		326	Jahn, Kristin	VfL Eilenburg	TW30		2	2:44:10	0:28:55( 66 )	1:26:10( 74 )	1:55:05( 67 )	0:49:05( 78 )	0:33:43	
70	10		351	Reker, Steffi	TSVE 1890 Bielefeld	TW40		3	2:44:21	0:28:56( 67 )	1:25:49( 68 )	1:54:45( 62 )	0:49:36( 81 )	0:33:54	
71	61		399	Engel, Nikolai	Niederndodeleben	TM25	6		2:44:35	0:29:06( 74 )	1:34:14(131)	2:03:20(114)	0:41:15( 11 )	0:34:08	
72	11		452	Reinicke, Judith	MTV Möckern	TW30		3	2:44:53	0:29:08( 76 )	1:25:59( 72 )	1:55:07( 68 )	0:49:46( 83 )	0:34:26	
73	62		333	Klieme, Torsten	Saaleschwimmer Halle	TM45	18		2:45:13	0:31:21(106)	1:23:42( 57 )	1:55:03( 66 )	0:50:10( 87 )	0:34:46	
74	63		308	Blümel, Lutz	Berliner TSC	TM35	9		2:46:06	0:29:00( 70 )	1:28:21( 90 )	1:57:21( 83 )	0:48:45( 72 )	0:35:39	
75	64		447	Schöne, Patric	Tri Med Berlin	TM60	2		2:46:08	0:27:28( 51 )	1:24:07( 60 )	1:51:35( 52 )	0:54:33(117)	0:35:41	
76	12		427	Kottwitz, Denise	Sisu Berlin	TW35		2	2:46:50	0:27:58( 53 )	1:31:36(119)	1:59:34( 95 )	0:47:16( 56 )	0:36:23	
77	65		442	Merettig, Christian	Berlin Med Triathlon	TM50	9		2:47:19	0:31:26(108)	1:24:25( 63 )	1:55:51( 73 )	0:51:28( 99 )	0:36:52	
78	66		386	Berndt, Matthias	Brandenburg	TM25	7		2:47:26	0:29:02( 72 )	1:29:30( 99 )	1:58:32( 88 )	0:48:54( 74 )	0:36:59	
79	13		316	Gersbeck, Anette	Tri Team Berlin	TW45		3	2:47:48	0:27:10( 43 )	1:29:54(106)	1:57:04( 82 )	0:50:44( 92 )	0:37:21	
79	67		414	Hess, Robert	Citrix	TM45	19		2:47:48	0:29:29( 86 )	1:25:42( 67 )	1:55:11( 69 )	0:52:37(104)	0:37:21	
81	68		462	Elstermann, Frank	FH Runners	TM45	20		2:47:57	0:29:13( 81 )	1:27:49( 89 )	1:57:02( 81 )	0:50:55( 94 )	0:37:30	
82	69		318	Gottschalk, Bernd	Ausdauer-3-Kampftruppe B	TM45	21		2:48:06	0:33:58(132)	1:27:15( 81 )	2:01:13(101)	0:46:53( 52 )	0:37:39	
83	70		341	Mellewigt, Thomas	Tri-Finisher Berlin	TM50	10		2:48:09	0:33:11(123)	1:28:36( 91 )	2:01:47(106)	0:46:22( 50 )	0:37:42	
84	71		348	Plüschka, Thomas	Berliner TSC	TM30	5		2:48:24	0:29:38( 88 )	1:27:45( 88 )	1:57:23( 84 )	0:51:01( 95 )	0:37:57	
85	72		383	Backes, Markus	Kleinmachnow	TM45	22		2:49:18	0:29:20( 84 )	1:29:17( 97 )	1:58:37( 89 )	0:50:41( 90 )	0:38:51	
86	73		482	Wagenitz, Dr. Andrea	Team Zachow	TM45	23		2:50:00	0:36:21(157)	1:29:38(101)	2:05:59(130)	0:44:01( 28 )	0:39:33	
87	74		424	Karszewski, Sven	SG Stern Hamburg	TM40	15		2:50:13	0:28:53( 63 )	1:26:56( 76 )	1:55:49( 71 )	0:54:24(114)	0:39:46	
88	75		380	Baartz, Robert	SG Stern Hamburg	TM45	24		2:50:14	0:28:53( 63 )	1:26:57( 77 )	1:55:50( 72 )	0:54:24(114)	0:39:47	
89	76		479	Vinicky, Robert	LC Michendorf	TM30	6		2:50:35	0:35:36(148)	1:27:13( 80 )	2:02:49(111)	0:47:46( 63 )	0:40:08	
90	77		437	Lubisch, Michael	Berlin	TM50	11		2:51:15	0:33:28(128)	1:25:51( 70 )	1:59:19( 92 )	0:51:56(101)	0:40:48	
91	78		416	Holste, Thorsten	Team ERDINGER Alkoholfr	TM50	12		2:51:16	0:32:21(115)	1:30:23(109)	2:02:44(110)	0:48:32( 69 )	0:40:49	
92	79		370	Vartanian, Frederic	Tri-Finisher Berlin	TM45	25		2:51:21	0:30:18( 92 )	1:30:57(114)	2:01:15(102)	0:50:06( 86 )	0:40:54	
93	14		361	Schulz, Maria	BSV Friesen 1895	TW30		4	2:51:31	0:28:49( 62 )	1:26:51( 75 )	1:55:40( 70 )	0:55:51(126)	0:41:04	
94	80		433	Lehmann, Mirko	HJK Berlin	TM40	16		2:51:37	0:31:18(105)	1:28:49( 92 )	2:00:07( 96 )	0:51:30(100)	0:41:10	
95	81		354	Sachse, Steffen	Berliner TSC	TM45	26		2:51:45	0:29:07( 75 )	1:27:33( 86 )	1:56:40( 79 )	0:55:05(119)	0:41:18	
96	82		33	Lehnigk, Jürgen	Karnevalsclub Lipten	TM50	13		2:52:56	0:35:33(146)	1:23:53( 58 )	1:59:26( 93 )	0:53:30(109)	0:42:29	
97	83		494	Zimmermann, Ingo	SC Borussia Friedrichsfelde	TM45	27		2:53:13	0:34:57(139)	1:29:48(105)	2:04:45(124)	0:48:28( 68 )	0:42:46	
98	84		434	Liebeck, Andreas	Ausdauer-3-Kampftruppe B	TM40	17		2:53:15	0:34:15(135)	1:29:37(100)	2:03:52(118)	0:49:23( 80 )	0:42:48	
99	85		478	Venohr, Bastian	Berlin	TM30	7		2:53:17	0:24:38( 14 )	1:27:43( 87 )	1:52:21( 56 )	1:00:56(147)	0:42:50	
100	15		450	Ramm, Tatjana	BSV Friesen 1895	TW35		3	2:53:28	0:25:27( 23 )	1:32:23(121)	1:57:50( 86 )	0:55:38(124)	0:43:01	
101	86		362	Tilly, Wolfgang	Berlin Med TRI	TM50	14		2:53:55	0:37:31(159)	1:29:56(107)	2:07:27(134)	0:46:28( 51 )	0:43:28	
102	87		373	Weißflog, Hans-Joac	TSV Cottbus	TM60	3		2:54:03	0:30:18( 92 )	1:32:34(123)	2:02:52(113)	0:51:11( 98 )	0:43:36	
103	88		480	Voigt, Thomas		TM40	18		2:54:10	0:28:11( 54 )	1:36:57(140)	2:05:08(125)	0:49:02( 77 )	0:43:43	
104	89		344	Müller, Michael	Berlin Med Triathlon	TM55	4		2:54:16	0:34:38(136)	1:32:04(120)	2:06:42(131)	0:47:34( 61 )	0:43:49	
105	90		357	Schmidt, Siegfried	Tri-Finisher Berlin	TM70	1		2:55:32	0:31:16(104)	1:30:43(111)	2:01:59(107)	0:53:33(110)	0:45:05	
106	16		379	Aust, Franziska	laufgruppe dresden	TW35		4	2:55:36	0:33:19(127)	1:31:25(116)	2:04:44(123)	0:50:52( 93 )	0:45:09	
107	91		446	Patzlaff, Matthias	Ausdauer-3-Kampftruppe B	TM50	15		2:55:49	0:33:17(126)	1:36:43(139)	2:10:00(147)	0:45:49( 41 )	0:45:22	
108	92		458	Runkewitz, Klaus	Tri-Finisher Berlin	TM60	4		2:55:59	0:40:17(165)	1:26:58( 78 )	2:07:15(133)	0:48:44( 71 )	0:45:32	
109	17		389	Bohnhoff, Margit	Team ERDINGER Alkoholfr	TW50		1	2:56:01	0:25:03( 20 )	1:36:37(138)	2:01:40(104)	0:54:21(113)	0:45:34	
110	93		360	Schreiber, Frank	TSV Trittau	TM50	16		2:56:02	0:28:15( 55 )	1:33:48(128)	2:02:03(108)	0:53:59(111)	0:45:35	
111	94		404	Fritsch, Rene	Ausdauer-Dreikampf-Truppe	TM30	8		2:56:17	0:32:36(118)	1:36:31(137)	2:09:07(145)	0:47:10( 55 )	0:45:50	
112	95		477	Tuschmo, Stefan	Seidewinkler Renttier	TM45	28		2:56:27	0:40:07(164)	1:18:34( 22 )	1:58:41( 90 )	0:57:46(135)	0:46:00	
113	96		381	Bachmann, Joerg	Hart am Wind	TM45	29		2:56:30	0:33:55(131)	1:29:46(104)	2:03:41(117)	0:52:49(106)	0:46:03	
114	97		486	Weiß, Michael	Stelvio-Biker	TM45	30		2:56:48	0:33:10(122)	1:27:00( 79 )	2:00:10( 97 )	0:56:38(128)	0:46:21	

# 25. Spreewald Triathlon

## Briesensee - 21. Juni 2014

### Ergebnisliste - Kleiner Spreewaldmann/-frau - 1,5km-44km-10km

Platz	Plm	Plw	StNr	Name, Vorname	Verein	AK	AKm	AKw	Endzeit	Schwimmzeit	Radzeit	Schw+Rad	Laufzeit	Rückst.	Bem
115	98	39	Heiner, Mario	LC Michendorf	TM45	31			2:57:09	0:32:01(112)	1:27:16( 83 )	1:59:17( 91 )	0:57:52(137)	0:46:42	
116	99	435	Lippert, Torsten	Team ERDINGER Alkoholfri	TM45	32			2:57:13	0:33:15(125)	1:31:28(117)	2:04:43(122)	0:52:30(103)	0:46:46	
117	100	413	Herzog, Sven		TM40	19			2:57:29	0:33:32(129)	1:29:05( 95 )	2:02:37(109)	0:54:52(118)	0:47:02	
118	101	319	Greunke, Oliver	Tri Team Berlin	TM40	20			2:58:17	0:29:26( 85 )	1:31:28(117)	2:00:54( 99 )	0:57:23(134)	0:47:50	
119	102	483	Wegner, Torsten	Potsdam	TM40	21			2:58:32	0:26:24( 34 )	1:37:39(144)	2:04:03(119)	0:54:29(116)	0:48:05	
120	103	405	Gärtner, Gottfried	DAV-Berlin	TM60	5			2:58:53	0:30:49( 98 )	1:34:59(133)	2:05:48(127)	0:53:05(107)	0:48:26	
121	18	376	Wölk, Katrin	DLRG Luckenwalde	TW35	5			2:59:12	0:24:56( 19 )	1:36:15(135)	2:01:11(100)	0:58:01(138)	0:48:45	
122	104	469	Sohr, Heiko	Kleinmachnower Lauf Club	TM50	17			2:59:43	0:35:53(153)	1:37:50(145)	2:13:43(153)	0:46:00( 43 )	0:49:16	
123	19	366	Tali, Carola	Teamwork Berlin	TW40	4			2:59:57	0:30:45( 97 )	1:29:42(103)	2:00:27( 98 )	0:59:30(141)	0:49:30	
124	105	523	Hildebrandt, Frank	Die Schuckrigen	TM50	18			3:00:33	0:34:02(133)	1:29:38(101)	2:03:40(116)	0:56:53(131)	0:50:06	
125	106	396	Diebert, Andre´		TM45	33			3:01:09	0:35:35(147)	1:29:00( 93 )	2:04:35(121)	0:56:34(127)	0:50:42	
126	20	474	Tilgner, Kerstin	JOLSPORT Tri Team Berlin	TW40	5			3:01:13	0:34:51(138)	1:38:09(147)	2:13:00(152)	0:48:13( 66 )	0:50:46	
127	107	438	Lukasik, Karl-Heinz	Team JBS Friedberg	TM60	6			3:01:15	0:31:06(101)	1:37:57(146)	2:09:03(144)	0:52:12(102)	0:50:48	
128	21	367	Theloe, Anja	Berlin	TW35	6			3:01:25	0:29:09( 78 )	1:36:29(136)	2:05:38(126)	0:55:47(125)	0:50:58	
129	108	382	Bachmann, Reinhard	Kristiansand	TM65	1			3:01:27	0:36:32(158)	1:29:18( 98 )	2:05:50(128)	0:55:37(123)	0:51:00	
130	109	321	Grzecca, Wolfgang	SV Stahl Hennigsdorf	TM55	5			3:02:15	0:34:09(134)	1:32:47(125)	2:06:56(132)	0:55:19(121)	0:51:48	
131	110	466	Pfeiffer, Thomas	Team Lucky-Bike Chemnitz	TM45	34			3:02:19	0:00:00	0:00:00	2:02:51(112)	0:59:28(140)	0:51:52	
132	22	350	Prasser, Conny	Moritzburger Triathlonverein	TW35	7			3:02:20	0:25:40( 29 )	1:30:24(110)	1:56:04( 75 )	1:06:16(157)	0:51:53	
132	22	397	Dittrich, Silke	Fitmaker	TW40	6			3:02:20	0:35:18(145)	1:37:00(141)	2:12:18(151)	0:50:02( 85 )	0:51:53	
134	24	324	Hellert, Una	Berliner TSC	TW30	5			3:02:40	0:27:52( 52 )	1:33:52(129)	2:01:44(105)	1:00:56(147)	0:52:13	
135	111	456	Rückheim, Lars		TM35	10			3:03:09	0:32:57(120)	1:34:48(132)	2:07:45(135)	0:55:24(122)	0:52:42	
136	25	489	Wiedenbein, Gilka	Möckern	TW40	7			3:03:40	0:35:06(141)	1:33:26(126)	2:08:32(141)	0:55:08(120)	0:53:13	
137	112	432	Kuchenbecker, Klaus	Berliner TSC	TM65	2			3:04:26	0:35:17(144)	1:32:29(122)	2:07:46(136)	0:56:40(129)	0:53:59	
138	113	388	Bock, Torsten	Lübben	TM45	35			3:04:46	0:35:16(143)	1:32:43(124)	2:07:59(139)	0:56:47(130)	0:54:19	
139	114	409	Harms, Gerd	OSC Potsdam	TM60	7			3:05:50	0:31:23(107)	1:37:26(143)	2:08:49(142)	0:57:01(132)	0:55:23	
140	26	314	Fischer, Franka	DLRG Luckenwalde	TW50	2			3:06:57	0:27:20( 48 )	1:37:13(142)	2:04:33(120)	1:02:24(152)	0:56:30	
141	115	330	Kaan, Christopher	Sisu Berlin	TM35	11			3:06:58	0:27:26( 50 )	1:29:03( 94 )	1:56:29( 77 )	1:10:29(159)	0:56:31	
142	116	491	Wojahn, Michael	Team ERDINGER Alkoholfri	TM50	19			3:06:59	0:32:50(119)	1:30:46(112)	2:03:36(115)	1:03:23(154)	0:56:32	
143	27	364	Steffen, Jennifer	BSV Friesen 1895	TW20	1			3:07:46	0:25:31( 26 )	1:42:25(156)	2:07:56(137)	0:59:50(142)	0:57:19	
144	117	420	Janssen, Jörn	Berlin Med Triathlon	TM50	20			3:08:25	0:32:18(114)	1:33:37(127)	2:05:55(129)	1:02:30(153)	0:57:58	
145	28	301	Altendorf, Pamela	BSV Friesen 1895	TW35	8			3:08:35	0:29:42( 89 )	1:38:29(150)	2:08:11(140)	1:00:24(145)	0:58:08	
146	118	406	Golpon, Sascha	Springende Frösche	TM45	36			3:10:28	0:35:49(150)	1:34:09(130)	2:09:58(146)	1:00:30(146)	1:00:01	
147	29	421	Jonas, Ulrike		TW50	3			3:11:38	0:30:23( 95 )	1:40:05(152)	2:10:28(148)	1:01:10(149)	1:01:11	
148	119	475	Toppel, Jörg	Team ERDINGER Alkoholfri	TM45	37			3:13:37	0:40:20(166)	1:30:54(113)	2:11:14(150)	1:02:23(151)	1:03:10	
149	120	444	Nachtigall, Maik		TM30	9			3:13:53	0:35:52(152)	1:44:52(160)	2:20:44(158)	0:53:09(108)	1:03:26	
150	30	305	Behringer, Melanie	SCC Berlin Triathlon	TW35	9			3:14:17	0:35:51(151)	1:47:23(163)	2:23:14(164)	0:51:03( 96 )	1:03:50	
151	121	358	Schmidt, Gundolf	Luckauer Läufer Bund	TM45	38			3:17:46	0:39:29(163)	1:40:27(153)	2:19:56(157)	0:57:50(136)	1:07:19	
152	122	418	Huber, Jürg	Berlin	TM65	3			3:19:37	0:32:34(117)	1:35:24(134)	2:07:58(138)	1:11:39(160)	1:09:10	
153	123	407	Grabner, Dirk	Ausdauer-3-Kampftruppe B&M	TM50	21			3:19:52	0:36:15(154)	1:45:27(161)	2:21:42(162)	0:58:10(139)	1:09:25	
154	31	464	Schulz-Tannenhof, Uli	Berlin	TW45	4			3:21:07	0:36:17(155)	1:38:11(148)	2:14:28(155)	1:06:39(158)	1:10:40	
155	32	440	Martin, Marion		TW40	8			3:21:20	0:38:41(162)	1:42:25(155)	2:21:06(160)	1:00:14(143)	1:10:53	
156	124	398	Eichel, Sascha		TM40	22			3:21:21	0:38:39(161)	1:42:23(154)	2:21:02(159)	1:00:19(144)	1:10:54	
157	125	425	Klinzing, Ullrich		TM45	39			3:23:45	0:42:49(167)	1:43:53(157)	2:26:42(167)	0:57:03(133)	1:13:18	
158	33	342	Mittelstaedt, Katrin	Berliner TSC	TW45	5			3:23:50	0:37:56(160)	1:44:36(158)	2:22:32(163)	1:01:18(150)	1:13:23	
159	126	459	Schmidt, Jens	Berlin	TM45	40			3:25:07	0:35:14(142)	1:46:12(162)	2:21:26(161)	1:03:41(155)	1:14:40	
160	34	371	Vierjahn, Hetti	Zeppelin Team OSC Potsdam	TW35	10			3:26:00	0:25:59( 30 )	1:44:42(159)	2:10:41(149)	1:15:19(164)	1:15:33	
161	127	408	Grunow, René	Potsdam	TM25	8			3:27:44	0:35:47(149)	1:38:21(149)	2:14:08(154)	1:13:36(163)	1:17:17	
162	128	455	Rückheim, Steffen		TM30	10			3:28:16	0:36:18(156)	1:48:15(164)	2:24:33(166)	1:03:43(156)	1:17:49	
163	129	495	Alex, Sven	Weltraumjogger Berlin	TM45	41			3:30:47	0:27:04( 42 )	1:51:35(166)	2:18:39(156)	1:12:08(161)	1:20:20	
164	35	402	Fechner, Jeanine	BSV Friesen 1895	TW45	6			3:37:22	0:32:58(121)	1:50:50(165)	2:23:48(165)	1:13:34(162)	1:26:55	
165	130	445	Nitschke, Heinz		TM75	1			3:56:50	0:43:28(168)	1:57:57(168)	2:41:25(168)	1:15:25(165)	1:46:23	
166	36	487	Westphal-Gärtner, Ilsa	Triathlon SG Bund	TW60	1			4:02:12	0:46:59(169)	1:57:46(167)	2:44:45(169)	1:17:27(166)	1:51:45	
		336	Kraus, Anett	RC 1898 Radeberg	TW50				0:00:00	0:28:59( 68 )	1:39:53(151)	2:08:52(143)	0:00:00	0:00:00	
		353	Rothenburg, Rolf	TSVE 1890 Bielefeld	TM55				0:00:00	0:24:36( 13 )	1:13:39( 8 )	1:38:15( 7 )	0:00:00	0:00:00	
		436	Löblich, Nico	Berlin	TM35				0:00:00	0:27:14( 46 )	0:00:00	0:00:00	0:00:00	0:00:00	
		465	Schumacher, Frank	Berlin Med Triathlon	TM50				0:00:00	0:30:22( 94 )	1:24:36( 65 )	1:54:58( 63 )	0:00:00	0:00:00	